



Self-Regulating Calendar (Year 8).
My Good Habits

Advent term:

<u>Term</u>	<u>Getting a flying start to year 8.</u>
<u>Advent 1</u>	<ul style="list-style-type: none"> • Plan of the year ahead • How do I stay organised? • What did Year 7 teach me? • How do I grow good routines and habits?
<u>Advent 2</u>	<ul style="list-style-type: none"> • Has my ability to focus grown? • Please help, how do I start? • How do I manage my nerves in an exam? • Reflection of my revision • Multiple exam preparation

Lent Term:

<u>Term</u>	<u>Different methods of revising.</u>
<u>Lent 1</u>	<ul style="list-style-type: none"> • What is revision? • Using Mind Maps & Brain Dumps to revise • Creating a Mind Map • Writing a Brain Dump
<u>Lent 2</u>	<ul style="list-style-type: none"> • Using the internet to revise • Using and creating Flash Cards • My Listening Skills • Using the senses for revision

Pentecost term:

<u>Term</u>	<u>Completing assessments successfully</u>
<u>Pentecost 1</u>	<ul style="list-style-type: none"> • Do the reps • Revision can be done any place, any time • The compound effect of preparation • Upgrading from marked work
<u>Pentecost 2</u>	<ul style="list-style-type: none"> • Command words and Key words • Exam game plan • Being calm in assessments • Teach your friends and relatives.