



# LUNCH MENU

Week 3

## Monday

Chicken Tikka Wrap  
Spicy Rice  
Salad, Sweetcorn

BBQ Chicken Panini  
Double Cheese Panini  
Jacket Potato

Pasta in Bolognese Sauce  
Garlic Bread  
Veg

Ice Cream

## Tuesday

Lasagne  
Garlic Bread  
Salad or Sweetcorn

Sweet Chilli Chicken  
Panini  
Double Cheese Panini  
Jacket Potato

Peri Peri Quorn  
Mexican Rice  
Veg

Flapjack & Custard

## Wednesday

Sausage, Yorkshire  
Pudding, Creamed  
Potatoes, Carrots, Green  
Beans & Gravy

Cheese & Bacon Panini  
Double Cheese Panini  
Jacket Potato

Creamy Cheese & Broccoli  
Pasta  
Garlic Bread  
Veg

Shortbread & Custard

## Thursday

Chicken Curry  
Rice  
Sweetcorn  
Naan Bread

Spicy Sausage Panini  
Double Cheese Panini  
Jacket Potato

Quorn and Stir Fry Veg in  
Sweet Chilli Sauce  
Wrap  
Oven Baked Potatoes

Jam Sponge &  
Custard

## Friday

Fish & Chips  
Peas, Salad

Vegetable Burger or Cheese  
Slice  
Chips, Peas or Beans.

Quorn Chilli  
Rice  
Mini Wrap  
Sweetcorn

Smoothie Tubs